

Let Me Die Laughing

We are all dying, our lives always moving toward completion.
We need to learn to live with death, and to understand that
death is not the worst of all events.

We need to fear not death, but life---
Empty lives, Loveless lives, Lives that do not build upon gifts
that each of us has been given,
Lives that are living deaths, lives which never take the time
to savor and appreciate,
Lives in which we never pause to breathe deeply.

What we need to fear is not death, but squandering the lives
we have been miraculously given.

So let me die laughing, savoring one of life's crazy moments.
Let me die holding the hand of one I love, and
Recalling that I tried to love and was loved in return.
Let me die remembering that life has been good,
and that I did what I could.

But today, just remind me that I am dying, so that I can live,
Savor and love with all my heart.

By Mark Morrison-Reed